



M: 0408 759 211 (Lyn)
0439 023 389 (Helen)

182 River Street, Ballina
NSW 2478

W: ballinayoga.com
E: info@ballinayoga.com

Timetable from Saturday 11 September 2021

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
6 – 7:30am General Helen		6 – 7:30am General Helen		6-7:30am LED practice Zoom/Studio Lyn		
9:30 -11am Beginners Lyn	9:30 -11am General Lyn	9 -11:00am Advanced Helen	9:30 -11am General Helen	9:30-11am General Lyn	8 - 9:30am Developing Helen	8 - 9:30am General Zoom/Studio Lyn
					10:00-11:30am Beginners Helen	
5 - 6:30pm General Lyn	5:00-6:30pm Beginners Lyn		5 - 6:30pm General Helen	5:30-6:30pm Restorative Helen		

PRICE PER CLASS

Casual \$20
10 classes = \$160 (\$16/class)

5 classes = \$85 (\$17/class)
20 classes = \$300 (\$15/class)



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