

### Timetable from Monday 18 October 2021



Mon	Tue	Wed	Thurs	Fri	Sat	Sun
6 – 7:30am <b>General</b> Helen		6 – 7:30am <b>General</b> Helen		6-7:30am <b>LED practice</b> <b>Zoom/Studio</b> Lyn		
9:30 -11am <b>Level 1</b> Lyn	9:30 -11am <b>General</b> Lyn	9 -11:00am <b>Advanced</b> Helen	9:30 -11am <b>General</b> Helen	9:30-11am <b>General</b> Lyn	8 - 9:30am <b>Developing</b> Helen	8 - 9:30am <b>General</b> <b>Zoom/Studio</b> Lyn
					10:00-11:30am <b>Level 1</b> Helen	
5 - 6:30pm <b>General</b> Lyn	5:00-6:30pm <b>Level 1</b> Lyn		5 - 6:30pm <b>General</b> Helen	5:30-6:30pm <b>Restorative</b> Helen		

M: 0408 759 211 (Lyn)  
0439 023 389 (Helen)

182 River Street, Ballina  
NSW 2478

W: ballinayoga.com  
E: info@ballinayoga.com

#### PRICE PER CLASS

Casual \$20  
10 classes = \$160 (\$16/class)

5 classes = \$85 (\$17/class)  
20 classes = \$300 (\$15/class)

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