



Timetable from Monday 2 May to Sunday 12 June 2022

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
6 – 7:30am General Helen		6 – 7:30am General Helen		6 – 7:30am LED Lyn		
9:30 - 11am Level 1 Lyn	9:30 - 11am General Lyn	9 – 11:00am Advanced Helen	9:30 -11am General Helen	9:30-11am General Lyn	8-9:30am Developing Helen	8 - 9:30am General Lyn
					10-11:30am Level 1 Helen	
5 - 6:30pm General Lyn	5 - 6:30pm Level 1 Lyn		5 - 6:30pm General Helen	5:30-6:30pm Restorative Helen		

M: 0408 759 211 (Lyn)
0439 023 389 (Helen)

182 River Street, Ballina
NSW 2478

W: ballinayoga.com
E: info@ballinayoga.com

PRICE PER CLASS						
Casual \$21		5 classes = \$90 (\$18/class)				
10 classes = \$170 (\$17/class)		20 classes = \$320 (\$16/class)				



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