

Timetable from Sunday 28 September 2025 to Sunday 12 October 2025



M: 0439 023 389 (Helen)

182 River Street, Ballina
NSW 2478

W: ballinayoga.com

E: info@ballinayoga.com

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6.00 - 7.30am General Kerri		6.00 - 7.30am General Kerri				
	9.30-11.00am General Kerri	9.00-11.00am Advanced Sally	9.30 -11.00am General Kerri	9.30-11.00am Foundation Kate	8.00am-9.30am Experienced Kate/Kerri	
					10.00 -11.30am Foundation Kate/Kerri	
5.00-6.30pm General Kate	5.30 - 6.45pm Beginners Andy	5.00 - 6.30pm General Kate/Adene		5.30 - 6.30pm Restorative Kerri		

PRICE PER CLASS

Casual \$25; Concession \$20

10 classes = \$190 (\$19/class)

5 classes = \$100 (\$20/class); Concession \$90 (\$19/class)

20 classes = \$340 (\$17/class)