

M: 0408 759211 182 River Street, Ballina NSW 2478

W: ballinayoga.com E: info@ballinayoga.com

Online Class Timetable from Monday 27th 2020 until advised							
Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
			7:00-8:30am General Iyengar Lyn TT				
9:30 - 11:00am Free Class Iyengar Helen	9:30 - 11:00am Level 1/2 Iyengar Lyn TT		9:30 - 11:00am General Iyengar Helen	9:30am - 11:00am Level 1/2 Iyengar Lyn TT	8-9:30am General Iyengar Helen	8 - 9:30am Beginner/L1 Iyengar Lyn TT	
5-6:30pm Beginner/L1 Iyengar Lvn TT		5-6:30pm General Iyengar Helen		5-6:00pm Restorative Iyengar Helen			

PRICE

10 Week classes for \$200 or (\$20 / week Unlimited classes)



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