

### Timetable from Monday 19th October 2020



Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6 -7:30am <b>General-S</b> Denise		6 -7:30am <b>General-S</b> Helen				
9:30-11:00am <b>Level 1/2-S</b> Lyn	9:30 -11am <b>General-S</b> Lyn	9 -11am <b>Advanced-S</b> Helen	9:30 -11am <b>General-S</b> Helen	10 -11:30am <b>General-S</b> Kate	8 - 9:30am <b>Developing-S</b> Helen	8 - 9:15am <b>Beginner-S</b> Lyn
				12noon-1:15pm <b>Beginner-S</b> Kate	Monthly Themed <b>Workshops-S</b> 10-12pm	
5 - 6:30pm <b>General-S</b> Lyn	5 - 6:15pm <b>Beginner-S</b> Lyn	6-7:30pm <b>General-S</b> Denise	6 -7:30pm <b>General-S</b> Helen	5 - 6pm <b>Restorative S&amp;Z</b> Helen		

M: 0408 759 211 (Lyn)  
0439 023 389 (Helen)

182 River Street, Ballina  
NSW 2478

W: ballinayoga.com  
E: info@ballinayoga.com

<b>PRICE PER CLASS</b>		<b>S –Studio, S&amp;Z– Studio &amp; Zoom,</b>	<b>Z-Zoom ONLY</b>
Casual \$20		5 classes = \$85 (\$17/class)	Zoom 10classes=\$140
10 classes = \$160 (\$16/class)		20 classes = \$300 (\$15/class)	(\$14/class)

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